

# Know before you go....

## Some tips & information for ASPiH Conference Delegates from VisitBrighton

### ASPiH Delegate Deals

VisitBrighton have collated a number of discounts for ASPiH conference delegates. Simply show your conference pass at time of purchase to take advantage of our fantastic money-saving offers at some of Brighton's restaurants, bars, shops and attractions. More information here: [Delegate Deals](#) ([visitbrighton.com](http://visitbrighton.com))

### Brighton Maps

Planning your trip to Brighton & Hove? Download the essential, free Brighton map to help you find your way around the city. Brighton & Hove is a compact city and easy to explore on foot and to help make it even easier we have a selection of maps to help you find your way around. Printed maps will be available at the ASPiH conference registration desk if you prefer. [Brighton map download](#)

### A bite and a browse

Put simply, Brighton & Hove is a shopping & foodie paradise. From the big brand names of the high street to the personal welcome in the buzzing boutiques of The Lanes, there's no shortage of shops in Brighton. Feeling hungry? Brighton has almost as many restaurants as it has pebbles on the beach, from authentic Indian to chic vegetarian to good old fish'n'chips. Take a look here: [Food, drink, shopping](#)



### Pubs, Bars & Clubs

Brighton's nightlife is legendary and you'll discover a fantastic array of pubs, bars and clubs in Brighton. From chic cocktail bars with sea-views through to traditional craft ale pubs, Brighton will have a venue in the city that will provide the perfect post conference day backdrop and ambience for you all. Start your planning here: [Brighton Pubs & Bars](#)

### Attractions

Brighton is jam-packed with fun and interesting places to visit – places that will take you up in the sky, down below ground, back in time and flying through the air at a heart-racing pace. If you do have some free time during your business visit, take a look here at what you can do.

[Things-to-do/attractions](#)

### Tours & walks

Get under the skin of Brighton & Hove with our range of city tour guides or explore the wider area with a tour of Sussex.

From a FREE Brighton Greet to official Blue Badge Guides and themed tours, there's a fantastic range of guided walking tours in and around Brighton & Hove. [Things-to-do/tours](#)

From all the team here at VisitBrighton, we wish you all an enjoyable, memorable and productive conference

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[www.visitbrighton.com](http://www.visitbrighton.com)